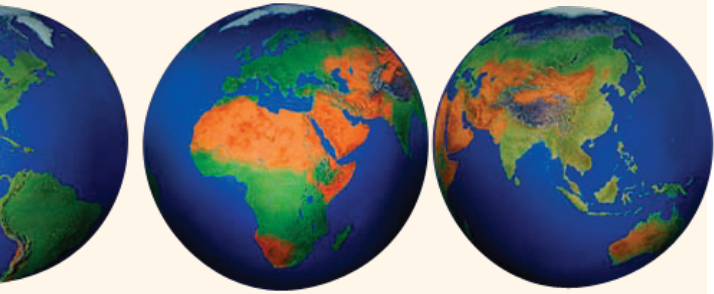


## Scheduling an Assessment

To provide optimal preventative measures, travelers should be evaluated by The Travelers' Center up to several months prior to departure. We would appreciate having health information regarding prior immunizations, active illnesses, medication and allergies sent in advance of your visit to assist in our evaluation. All recommendations and plans will be coordinated with your physician.



Schedule an assessment by calling:  
**814-456-6194**

or faxing:  
**814-452-5777**

or by sending to:  
**Infectious Diseases of Northwestern PA**  
**2314 Sassafras Street, Suite 310**  
**Erie, PA 16502**

Infectious Diseases of Northwestern PA  
2314 Sassafras Street, Suite 310  
Erie, PA 16502



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# The Travelers' Center

We know how to treat people.™ 

SAINT  
VINCENT

Dear Traveler:

Are you planning a trip to Africa, Asia, The Far East or some other exotic place overseas?

As television and high-speed communication bring the far reaches of the earth closer to us, more and more people are finding reasons and opportunities to travel overseas. Whether on safari in Kenya, charitable missions in Tanzania or the Philippines, or business trips to Singapore – travelers' horizons have greatly expanded.

However, with these opportunities comes the realization that we live in a very protected environment, sheltered from the health hazards found in the Third World.

At Infectious Diseases of Northwestern Pennsylvania, we have been helping travelers and their physicians with immunizations, travel advisories and health information for many years. We are familiar with vaccination strategies, new medications for prevention and treatment of tropical diseases, and we maintain a database of up-to-date recommendations for international travel. We are also a state-certified yellow fever vaccination site.

If you are considering travel overseas and might need immunizations, we would be happy to help coordinate your health maintenance program. We can provide immunizations and indicated care, both before and after your trip, if necessary.

Sincerely,

Howard A. Nadworny, M.D.  
Nancy E. Weissbach, M.D.  
Christopher M. Cirino, D.O.



## Health Issues

In much of the world, infections remain the major cause of disease. Measles, polio and tetanus continue to cause illness and death in children. Malaria remains a worldwide problem, with increasing resistance to antibiotics used for its prevention and treatment. Epidemics of cholera, plague, yellow fever and meningococcal meningitis still occur. Typhoid fever, travelers' diarrhea and other enteric infections, including hepatitis A, can be local or widespread.



Although many travelers may never become ill, the lack of sophisticated medical care makes the development of illness a greater risk when overseas. Prudent travelers and host countries have recognized the importance of preventing the most common and serious contagious diseases.

## Common Problems

When physicians are asked for assistance with preventative measures for travel, several common problems may occur:

- Choosing the best regimen to prevent infections may be difficult.
- Acquisition of the vaccines or medications may be difficult or costly (particularly with multidose vials).
- Information about a specific local situation may not be readily available.

## The Travelers' Center

We can help coordinate your health maintenance program as well as provide immunizations and preventative measures for:

- Yellow Fever
- Typhoid Fever
- Meningococcus
- Measles
- Hepatitis A & B
- Polio
- Malaria
- Travelers' Diarrhea
- Diphtheria/Tetanus